

# Ambrosia Personal Chef Service

Sample Menu 2008

## Ambrosia Personal Chef Service

### Soups

Chicken Tortilla Soup w/ Lime and Cilantro  
Chicken Lemon Soup w/ Seasonal Vegetables  
Bounty Vegetable Soup  
Chicken, Eggplant & Tomato Soup  
Spicy Moroccan Soup w/Lamb & Chick Peas  
Thai Chicken Coconut Soup  
Traditional or Lentil Minestrone  
Vegetable Chowder  
Miso Tofu Soup w/ Wakame  
Vegetable Tortilla Soup  
Chicken Jambalaya  
Southwestern Turkey Chili

## Ambrosia Personal Chef Service

### Salads

Seasonal Greens w/Garden Vegetables & a Balsamic Vinaigrette  
Chicken Caesar Salad  
Lentil Salad w/Lemon Vinaigrette  
Tomato, Basil & Mozzarella Salad  
Marinated Cucumber Salad  
Garden Bounty Salad  
Spring Greens w/ Pears, Gorgonzola Cheese & Candied Walnuts  
Spinach Salad w/ Blue Cheese, Caramelized Walnuts, Cherry Tomatoes  
Chinese Long Green Beans, Feta Cheese & Cherry Tomatoes  
Napa Cabbage Noodle Salad  
Thai Noodle Salad w/ Peanut Sauce  
Chinese Chicken Salad  
Black Bean & Couscous Salad  
Roasted Vegetable Salad w/ Balsamic Vinaigrette  
Somen Asian Salad  
Apple, Avocado Salad w/ Seasonal Greens & Tangerine Vinaigrette

## **Ambrosia Personal Chef Service**

### **Entrees**

Seasonal Flank Steak w/Chili Tomato Salsa  
Lentil Salad w/Lemon Vinaigrette  
Chicken Enchiladas w/ Tomatillo Sauce  
Traditional Beef and Vegetable Stew  
Jamaican Jerk Chicken w/ Mango  
Southwestern Tri-Tip Roast  
Red Curry Chicken  
Skirt Steak in a Red Wine Marinade  
Turkey Meat Loaf w/ Au Jus  
Wasabi Encrusted Salmon  
Apple Adobo Push Pork

## **Ambrosia Personal Chef Service**

### **Vegetarian Entrees**

Vegetarian Lasagna w/ Spinach & Mushrooms  
Angel Hair Stir-fry w/ Seasonal Vegetables, Tofu  
& Thai Chili Sauce  
Caribbean Ratatouille  
Arugula & Basil Pesto Linguine  
Pasta w/ Marinara Sauce & Mushrooms  
Vegetable Moussaka  
Bulgur Stir-Fry  
Polenta & Vegetable Casserole  
Linguine Stir-Fry w/ Seasonal Vegetables, Tofu, & Thai Chili Sauce  
Eggplant Parmesan

## **Ambrosia Personal Chef Service**

### **Vegetable Sides**

Sautéed Spinach w/ Garlic and Balsamic Vinaigrette  
Grilled Asparagus w/ Lemon  
Seasonal Vegetable Medley  
Braised Southern Blend (Greens) w/ Soy, Ginger & Garlic  
Broccoli Rabe w/ Lemon & Garlic  
Roasted Beets w/ Citrus Vinaigrette  
Tarragon Blue Lake Green Beans  
Curried Butternut Squash w/ Granny Smith Apples  
Steamed Broccoli w/ Orange-Sesame Sauce  
Roasted Vegetables w/ Garlic & Fresh Herbs  
Artichokes w/ Lemon & Garlic  
Roasted Yams w/ Balsamic  
Brussel Sprouts w/ Lemon & Garlic  
Chinese Long Green Beans w/ Cherry Tomatoes

## **Ambrosia Personal Chef Service**

### **Side Dishes**

Cous Cous w/ Toasted Almonds & Cranberries

Roasted Sweet Potato Mash w/ Garlic

Red Roasted Potatoes w/ Rosemary And Garlic

Lentils w/Fresh Herbs And Tomatoes

Black Beans w/ Corn, Cilantro & Red Bell Peppers

Curried Chick Peas

Squash w/ Asiago Cheese